

SOUTHERN CALIFORNIA PIPE TRADES HEALTH AND WELFARE FUND PENSIONERS & SURVIVING SPOUSES PLAN

SUPPLEMENT #18

To: All Participants
From: Board of Trustees
Date: September 1, 2007
Re: Benefits for Screening Colonoscopy/Sigmoidoscopy and
Screening Mammograms

**PLEASE KEEP THIS NOTICE WITH YOUR SUMMARY PLAN
DESCRIPTION BOOK**

COLONOSCOPY/SIGMOIDOSCOPY

Effective April 1, 2007, the Plan has been improved to provide benefits for a Screening Colonoscopy or Sigmoidoscopy once every five (5) years for Pensioners and Eligible Dependents over age 50. The Plan will allow the AHF Contract Rate if the services are rendered by AHF contracted providers or the Plan's Allowable Charge if non-AHF contracting providers are utilized.

MAMMOGRAM

Effective April 1, 2007, the Plan has been improved to provide benefits for a Screening Mammogram once every year for Pensioners and Eligible Dependents. The Plan will allow the AHF Contract Rate if the services are rendered by AHF contracted providers or the Plan's Allowable Charge if non-AHF contracting providers are utilized.